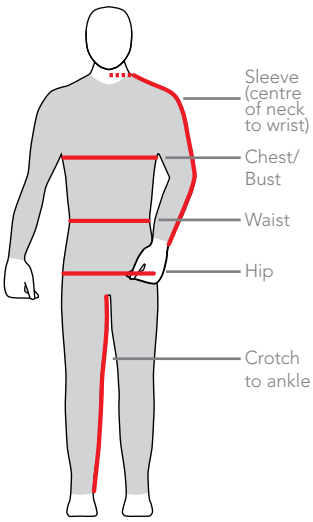
ARC'TERYX

SPRING 2010 SIZING CHART

How to Find Your Measurements



MEN'S SIZING

BODY Sizing Chart

Body Size	X-Small		Small		Medium		Large		X-Large		XX-Large	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest	36	94	38	97	40	102	43	109	46	117	50	127
Waist	29	74	31	79	33	84	36	91	39	99	43	109
Hip	36	91	38	97	40	102	43	109	46	117	50	127
Sleeve	32	81	33	84	34	86	35	89	36	91	37	94
Crotch to Ankle —Your own body measurement | Actual pant lengths will vary according to product end-use												
Short	Short Lengths —Subtract 2 inches / 5 cm											
Regular	30 1/2	77	30 1/2	77	30 1/2	77	31 1/8	79	31 3/4	81	32 3/8	82
Tall	Tall Lengths —Add 3 inches / 7.6 cm											

Numerical PANT Sizing

Pant Size	28		30		32		34		36		38	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	28	71	30	76	32	81	34	86	36	91	38	97
Hip	35	91	37	94	39	99	41	104	43	109	45	114
PANT Inseam Length												
Regular	32	81	32	81	33	84	34	84	35	89	35	89

Unisex Sizing Chart

Body Size		XX-Large		X-Large		Large		Medium		Small		X-Small	
		cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Chest		127	50	117	46	109	43	102	40	94	37	86	34
Waist		109	43	99	39	91	36	84	33	76	30	69	27
Hip		127	50	117	46	109	43	102	40	94	38	89	36
Sleeve		94	37	91	36	89	35	86	34	82	32 1/4	77	30 1/2

WOMEN'S SIZING

BODY Sizing Chart

Body Size	X-Small | 0-2		Small | 4-6		Medium | 8-10		Large | 12-14		X-Large | 16-18	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Chest/Bust	33	84	35	89	37	94	40	102	44	112
Waist	25	64	27	69	29	74	32	81	36	91
Hip	36	91	38	97	40	102	43	109	47	119
Sleeve	29 1/2	75	30 1/2	77	31 1/2	80	32 1/2	83	33 1/2	85
Crotch to Ankle —Your own body measurement | Actual pant lengths will vary according to product end-use										
Regular	29	74	29	74	29	74	29 5/8	75	30 1/4	77
Tall	Tall lengths —add 3 inches / 7.6 cm									

Numerical PANT Sizing

Pant Size	2		4		6		8		10		12		14	
	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm
Waist	26	66	27	69	28	71	29	74	30	76	32	81	34	86
Hip	37	94	38	97	39	99	40	102	41	104	43	109	45	114
PANT Inseam Length														
Regular	32	81	32	81	32	81	32	81	32	81	32	81	32	81